

# My Dinner Meal Plan

**SUN**

Cooking  
Leftovers  
Eat out

**MON**

Cooking  
Leftovers  
Eat out

**TUES**

Cooking  
Leftovers  
Eat out

**WED**

Cooking  
Leftovers  
Eat out

**THURS**

Cooking  
Leftovers  
Eat out

**FRI**

Cooking  
Leftovers  
Eat out

**SAT**

Cooking  
Leftovers  
Eat out